

SAT Preparation Guide

1. Understand the SAT Structure

- **Sections:**
 - Reading: 52 questions, 65 minutes
 - Writing and Language: 44 questions, 35 minutes
 - Math (No Calculator): 20 questions, 25 minutes
 - Math (Calculator Allowed): 38 questions, 55 minutes
 - Optional Essay (discontinued after 2021)
 - **Scoring:** Total score ranges from 400 to 1600 (800 each for Evidence-Based Reading & Writing, and Math).
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2. Create a Study Plan

- **Time Management:** Dedicate 2-3 months for preparation, studying 2-4 hours daily.
 - **Schedule:** Alternate between sections to avoid burnout. Focus more on weaker areas.
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3. Gather Study Materials

- **Books:**
 - "The Official SAT Study Guide" by College Board
 - "SAT Prep Black Book" for strategies
 - **Apps:** Use SAT practice apps for on-the-go quizzes.
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4. Key Preparation Tips

- **Reading Section:**
 - Practice reading dense texts (e.g., history, science articles).
 - Identify main ideas, tone, and author's purpose.
 - Answer evidence-based questions.

- **Writing Section:**
 - Brush up on grammar rules (subject-verb agreement, punctuation, sentence structure).
 - Focus on improving sentences and identifying errors.
 - **Math Section:**
 - Review algebra, geometry, trigonometry, and basic statistics.
 - Memorize key formulas (though some are provided).
 - Practice mental math and logical reasoning for the no-calculator section.
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5. Practice Regularly

- Take full-length practice tests under timed conditions.
 - Review mistakes thoroughly and understand concepts.
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6. Test Day Preparation

- **Pack Essentials:**
 - Admission ticket
 - Photo ID
 - Approved calculator
 - No. 2 pencils (with erasers)
 - **Know the Rules:** Avoid bringing prohibited items (e.g., phones, notes).
 - **Stay Healthy:** Sleep well and eat a balanced meal before the test.
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7. Additional Tips

- **Time Management:** Answer easier questions first and return to harder ones.
 - **Guess Wisely:** There's no penalty for wrong answers, so guess if unsure.
 - **Stay Calm:** Take deep breaths and focus on one question at a time.
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8. Recommended Study Timeline

- **Week 1-2:** Familiarize with test format; take a diagnostic test.
 - **Week 3-6:** Build foundational skills in all sections; target weaknesses.
 - **Week 7-8:** Take full-length timed tests; refine strategies.
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